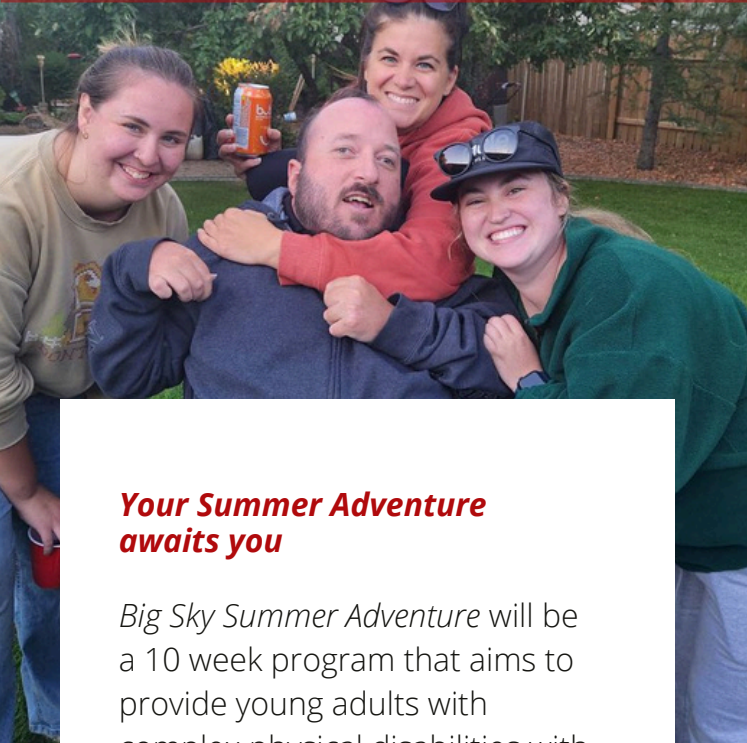


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### **Your Summer Adventure awaits you**

Big Sky Summer Adventure will be a 10 week program that aims to provide young adults with complex physical disabilities with opportunities to participate in accessible recreation and leisure opportunities within the city of Regina.

# About Summer Adventure!

- 10 weeks of fun running mid June to late August consisting of a weekly recreation and leisure activity within the city of Regina
- We will send out an e-mail 2 weeks before each activity
- Summer Literacy participants will have first access to events with limited attendance
- You do not need to sign up for all 10 activities (pick what interests you from the list)
- When RSVP'ing for an event A! staff requires you to provide emergency contact details
- Please note at the present time Astonished! staff and volunteers do not provide personal care (washroom needs)
- Most of all let's have a blast together this summer!!



# Seeking Adventure?

## Join us for a summer of fun!



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BETTER TOGETHER





5

### Backyard Movie Night July 19: 8pm -10pm

**Location:** 2934 Inglis Bay

**What:** Come on over and enjoy a movie on the big screen with drinks and popcorn!!



6

### Summer Salsa Night July 25: 6pm-8pm

**Location:** City Square Plaza (2190 Victoria Ave.)

**What:** Come out and try a summer night of outdoor dancing!!! **\*limited 5 spots**

7

### Queen City Ex August 2: 12pm-3pm

**Location:** 1700 Elphinstone St.

**What:** Hang out at the Ex with friends and experience all the fun, food and noise! **\*limited 5 spots**

8

### Summer Bash Market August 10: 1pm-3pm

**Location:** 170 Sunset Dr.

**What:** Do you like to go to Outdoor Markets - then this won't disappoint! Bring some cash and shop local! **\*limited 5 spots**

9

### I Love Regina Day August 17: 12pm-2pm

**Location:** Victoria Park (2190 Victoria Ave.)

**What:** Join in the fun to celebrate I Love Regina Day! **\*limited 5 spots**

10

### BBQ in the Park August 22: 6pm-8pm

**Location:** Candy Cane Park (501 Wascana Dr)

**What:** A family and friends come-and-go BBQ to celebrate the end of summer!



## What will be Your Adventure?



1

### Camp Fire Night June 18: 6pm -8pm

**Location:** 1426 Brown St.

**What:** Enjoy an evening with friends roasting hot dogs and smores!

2

### Pizza in the Park June 23: 3pm -5pm

**Location:** Candy Cane Park (501 Wascana Dr)

**What:** A come-and-go evening for family & friends with pizza and games!!

3

### Scavenger Hunt July 2: 6pm -8pm

**Location:** 3719 winkaškōn Loop

**What:** Stroll around and compete against your friends in an epic scavenger hunt!!!! **\*limited 8 spots**

4

### Red Sox Game July 10: 6:30pm -10pm

**Location:** Currie Field (750 Winnipeg St N)

**What:** Let's go out to the ball game and cheer on the Regina Red Sox! Game starts at 7!!! **\*limited 5 spots**



# The Adventure Starts Now!

We are looking forward to exploring recreation and leisure activities throughout the city of Regina this summer with you!!!!

## #bettertogether



**RSVP TO:**



eventsupport@beingastonished.com



The Big Sky Summer Adventure program is partially funded through the City of Regina Sport and Recreation Stream Grant